



Secondary Breakfast– August 2017



EVERYDAY CHOICES
 Fresh Apple, Orange or Banana
 Fruit Juice and Milk

	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
<i>Choose one:</i> Waffles Parfait Cold Cereal <i>Served with:</i> Whole Grain Muffin Apple, Banana or Orange Fruit Juice Milk	<i>Choose one:</i> Sausage Cheese Pita Pocket Parfait Cold Cereal <i>Served with:</i> Whole Wheat Toast Apple, Banana or Orange Fruit Juice Milk	<i>Choose one:</i> English Muffin w/ Canadian Ham & Cheese Parfait Cold Cereal <i>Served with:</i> Toaster Pastry Apple, Banana or Orange Fruit Juice Milk	<i>Choose one:</i> Breakfast Pizza Parfait Cold Cereal <i>Served with:</i> Whole Grain Muffin Apple, Banana or Orange Fruit Juice Milk	<i>Choose one:</i> French Toast Parfait Cold Cereal <i>Served with:</i> Fruit Cereal Bar Apple, Banana or Orange Fruit Juice Milk
28	29	30	31	
<i>Choose one:</i> Hot Oatmeal Parfait Cold Cereal <i>Served with:</i> Toaster Pastry Apple, Banana or Orange Fruit Juice Milk	<i>Choose one:</i> Pancakes w/ Sausage Patty Parfait Cold Cereal <i>Served with:</i> Whole Grain Muffin Apple, Banana or Orange Fruit Juice Milk	<i>Choose one:</i> Scramble Eggs w/ Hash brown Parfait Cold Cereal <i>Served with:</i> Whole Wheat Toast Apple, Banana or Orange Fruit Juice Milk	<i>Choose one:</i> Biscuit w/ Sausage & Cheese Parfait Cold Cereal <i>Served with:</i> Fruit Cereal Bar Apple, Banana or Orange Fruit Juice Milk	