



**Secondary Breakfast– April 2017**



**EVERYDAY CHOICES**  
**Fresh Apple, Orange or Banana**  
**Fruit Juice and Milk**



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| <p style="text-align: right;"><b>3</b></p> <p><i>Choose one:</i><br/> Waffles<br/> Parfait<br/> Cold Cereal</p> <p><i>Served with:</i><br/> Whole Grain Muffin<br/> Apple, Banana or Orange<br/> Fruit Juice<br/> Milk</p>      | <p style="text-align: right;"><b>4</b></p> <p><i>Choose one:</i><br/> Biscuit w/ Sausage Patty<br/> Parfait<br/> Cold Cereal</p> <p><i>Served with:</i><br/> Whole Wheat Toast<br/> Apple, Banana or Orange<br/> Fruit Juice<br/> Milk</p>                       | <p style="text-align: right;"><b>5</b></p> <p><i>Choose one:</i><br/> English Muffin w/ Canadian<br/> Ham &amp; Cheese<br/> Parfait<br/> Cold Cereal</p> <p><i>Served with:</i><br/> Toaster Pastry<br/> Apple, Banana or Orange<br/> Fruit Juice<br/> Milk</p> | <p style="text-align: right;"><b>6</b></p> <p><i>Choose one:</i><br/> Breakfast Pizza<br/> Parfait<br/> Cold Cereal</p> <p><i>Served with:</i><br/> Whole Grain Muffin<br/> Apple, Banana or Orange<br/> Fruit Juice<br/> Milk</p>                           | <p style="text-align: right;"><b>7</b></p> <p><i>Choose one:</i><br/> French Toast<br/> Parfait<br/> Cold Cereal</p> <p><i>Served with:</i><br/> Fruit Cereal Bar<br/> Apple, Banana or Orange<br/> Fruit Juice<br/> Milk</p>                                |
| <p style="text-align: right;"><b>10</b></p> <p><i>Choose one:</i><br/> Hot Oatmeal<br/> Parfait<br/> Cold Cereal</p> <p><i>Served with:</i><br/> Whole Wheat Toast<br/> Apple, Banana or Orange<br/> Fruit Juice<br/> Milk</p>  | <p style="text-align: right;"><b>11</b></p> <p><i>Choose one:</i><br/> Pancakes w/ Sausage Patty<br/> Parfait<br/> Cold Cereal</p> <p><i>Served with:</i><br/> Whole Wheat Toast<br/> Apple, Banana or Orange<br/> Fruit Juice<br/> Milk</p>                     | <p style="text-align: right;"><b>12</b></p> <p><i>Choose one:</i><br/> Scramble Eggs w/<br/> Hash brown<br/> Parfait<br/> Cold Cereal</p> <p><i>Served with:</i><br/> Whole Wheat Toast<br/> Apple, Banana or Orange<br/> Fruit Juice<br/> Milk</p>             | <p style="text-align: right;"><b>13</b></p> <p><i>Choose one:</i><br/> Biscuit w/ Sausage Patty &amp;<br/> Cheese<br/> Parfait<br/> Cold Cereal</p> <p><i>Served with:</i><br/> Fruit Cereal Bar<br/> Apple, Banana or Orange<br/> Fruit Juice<br/> Milk</p> | <p style="text-align: right;"><b>14</b></p> <p><i>Choose one:</i><br/> Maple Sausage Pancake<br/> Parfait<br/> Cold Cereal</p> <p><i>Served with:</i><br/> Blueberry Breakfast Bread<br/> Apple, Banana or Orange<br/> Fruit Juice<br/> Milk</p>             |
| <p style="text-align: right;"><b>17</b></p> <p><i>Choose one:</i><br/> Waffles<br/> Parfait<br/> Cold Cereal</p> <p><i>Served with:</i><br/> Whole Grain Muffin<br/> Apple, Banana or Orange<br/> Fruit Juice<br/> Milk</p>     | <p style="text-align: right;"><b>18</b></p> <p><i>Choose one:</i><br/> English Muffin w/ Canadian<br/> Ham &amp; Cheese<br/> Parfait<br/> Cold Cereal</p> <p><i>Served with:</i><br/> Toaster Pastry<br/> Apple, Banana or Orange<br/> Fruit Juice<br/> Milk</p> | <p style="text-align: right;"><b>19</b></p> <p><i>Choose one:</i><br/> French Toast<br/> Parfait<br/> Cold Cereal</p> <p><i>Served with:</i><br/> Whole Wheat Toast<br/> Apple, Banana or Orange<br/> Fruit Juice<br/> Milk</p>                                 | <p style="text-align: right;"><b>20</b></p> <p><i>Choose one:</i><br/> Breakfast Pizza<br/> Parfait<br/> Cold Cereal</p> <p><i>Served with:</i><br/> Fruit Cereal Bar<br/> Apple, Banana or Orange<br/> Fruit Juice<br/> Milk</p>                            | <p style="text-align: right;"><b>21</b></p> <p><i>Choose one:</i><br/> Biscuit w/ Sausage Patty<br/> Parfait<br/> Cold Cereal</p> <p><i>Served with:</i><br/> Whole Wheat Toast<br/> Apple, Banana or Orange<br/> Fruit Juice<br/> Milk</p>                  |
| <p style="text-align: right;"><b>27</b></p> <p><i>Choose one:</i><br/> Hot Oatmeal<br/> Parfait<br/> Cold Cereal</p> <p><i>Served with:</i><br/> Whole Grain Muffin<br/> Apple, Banana or Orange<br/> Fruit Juice<br/> Milk</p> | <p style="text-align: right;"><b>25</b></p> <p><i>Choose one:</i><br/> Blueberry Sausage Pancake<br/> Parfait<br/> Cold Cereal</p> <p><i>Served with:</i><br/> Whole Wheat Toast<br/> Apple, Banana or Orange<br/> Fruit Juice<br/> Milk</p>                     | <p style="text-align: right;"><b>26</b></p> <p><i>Choose one:</i><br/> Scramble Eggs w/<br/> Hash brown<br/> Parfait<br/> Cold Cereal</p> <p><i>Served with:</i><br/> Fruit Cereal Bar<br/> Apple, Banana or Orange<br/> Fruit Juice<br/> Milk</p>              | <p style="text-align: right;"><b>27</b></p> <p><i>Choose one:</i><br/> Pancakes w/ Sausage Patty<br/> Parfait<br/> Cold Cereal</p> <p><i>Served with:</i><br/> Whole Grain Muffin<br/> Apple, Banana or Orange<br/> Fruit Juice<br/> Milk</p>                | <p style="text-align: right;"><b>28</b></p> <p><i>Choose one:</i><br/> Biscuit w/ Canadian Ham &amp;<br/> Cheese<br/> Parfait<br/> Cold Cereal</p> <p><i>Served with:</i><br/> Whole Wheat Toast<br/> Apple, Banana or Orange<br/> Fruit Juice<br/> Milk</p> |